



What could I/we do? **Start with what you have available!**

Instructions

Creating A Bank of Skills, Resources and Connections

This exercise will help you to discover that most of the connections, skills and resources you need for creating better places and a stronger community already exist in your community. You just need to uncover them!

There are 4 sections:

1. Skills either I have, my family has or my friends or neighbours have (i.e. – if asked a favour, what help could you get?)
2. Resources either I have, my family has or my friends or neighbours have
3. Connections either to other groups or people who could help us
4. Create a project or activity by using the skills, resources and connections you have

1. Skills

Skills either I have, my family has or my friends or neighbours have

Skills might be formal skills, such as marketing or social media skills, being a builder or handyman or accountancy skills. Or they might be important skills, like being good with kids, managing conflict or organising a party.

What are 5 skills you might have access to?

2. Resources

Resources either I have, my family has or my friends or neighbours have

Resources might be real objects, like a ute, storage area or photocopier. Or they might be things like, motivation, passion or ideas.

What are 5 resources you might have access to?

3. Connections

Who do you know? Do you have connections either to other groups or people who could help us?

What are some connections you might have? I know ...

4. Create a project or activity by using the skills, resources and connections you have

Brainstorm some ideas here.